

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

March 2023

1
10:00– Mass Chapel
10:30–Painting Auditorium
10:30–Exercises Unit 1
10:30–Tabletop volleyball Unit 2
11:00–Ecumenical Services Chapel
1:45–Whist Unit 5
2:00–Drumming Auditorium

2
10:00 Mass Chapel
10:30– Travelogue Unit 1/2 Auditorium
10:30–Exercises with SIGIS Unit 5
11:00– Choir chapel
1:30- Stony Plain Murals Outing
2:00– Card Bingo Auditorium
3:00–Sensory Stimulation Unit 2
6:30– Axe Throwing Auditorium

3
10:00– Mass Chapel
10:30– Tiny Tots Unit 5
10:30– Lily visits
10:30–Current Events Auditorium
1:45–Happy Hour Auditorium
6:30– Left Right and Center Auditorium



5
10:00–Mass

6
10:30– Humor Group Auditorium
10:30– Coffee club Unit 4/5
10:30–Coffee Club Unit 1/2
2:00– Bingo Auditorium

7
10:00– Mass Chapel
10:30–Music Bingo Unit 1
10:30–Neighborhood visits Unit 4
10:30–Tabletop volleyball with SIGIS Unit 2
10:30–Exercises Unit 5
1:30–Legion Outing
1:45– Music with Bruce Auditorium

8
10:00– Mass Chapel
10:30–Painting Auditorium
10:30–Exercises Unit 2
10:30 Tabletop volleyball Unit 1
11:00–Ecumenical Services Chapel
1:45–Whist Unit 5
2:00–Drumming Auditorium

9
10:00–Mass Chapel
10:30–Travelogue Unit 4/5 Auditorium
10:30–Exercises with SIGIS Unit 1
11:00– Choir chapel
1:30– Casino Outing
2:00–Card Bingo Auditorium
3:00–Sensory Stimulation Unit 4
6:30–Oilers Game Auditorium

10
10:00– Mass Chapel
10:30–Tiny Tots Unit 4
10:30– Lily visits
10:30–Current Events Auditorium
1:30–Country Drive
2:00 –Happy Hour Auditorium
6:30–Ladder Golf Auditorium



12
10:00–Mass

13
10:30–Humor Group Auditorium
10:30– Coffee Club Unit 1/2
10:30–Coffee club unit 4/5
2:00– Birthday Tea Auditorium

14
10:00– Mass Chapel
10:30–Exercises Unit 1
10:39–Music Bingo Unit 5
10:30–Neighborhood Visits Unit 5
10:30–Tabletop volleyball with SIGIS Unit 4
1:30 Royal Museum Outing
2:00– 50’s Social Auditorium

15
10:00–Mass Chapel
10:30–Painting Auditorium
10:30–Exercises Unit 4
10:30 Tabletop volleyball unit 5
11:00–Ecumenical Services Chapel
1:45–Whist Unit 5
2:00–Drumming Auditorium

16
10:00 Mass Chapel
10:30– Travelogue Unit 1/2 Auditorium
11:00– Choir chapel
1:30 Telus World of Science Outing
2:00–Card Bingo Auditorium
3:00–Sensory Stimulation Unit 1

17
10:00– Mass Chapel
10:30– Tiny Tots Unit 5
10:30– Lily visits
10:30–Current Events Auditorium
2:00 St. Patrick’s Day Auditorium
6:30– Movie Auditorium



19
10:00–Mass

20
10:30– Humor Group Auditorium
10:30– Coffee club Unit 4/5
10:30–Coffee Club Unit 1/2
2:00– Cooking Auditorium

21
10:00– Mass Chapel
10:30–Tabletop Volleyball with SIGIS Unit 5
10:30– Neighborhood visits Unit 1
10:30–Exercises Unit 2
10:30–Music Bingo Unit 4
1:45–Posivite Note Unit 4/5 Serenity room
2:00– Concerts in care Chapel

22
10:00–Mass Chapel
10:30–Painting Auditorium
10:30–Tabletop volleyball Unit 4
10:30– Exercises Unit 5
11:00–Ecumenical Services Chapel
1:45– Whist Unit 5
2:00–Drumming Auditorium

23
10:00–Mass–Chapel
10:30 Travelogue Unit 4/5 Auditorium
10:30 We be Jamming Unit 2
10:30–Exercises with SIGIS Unit 1
11:00–Choir chapel
1:30– Muttart Outing
2:00–Card Bingo Auditorium
6:30– Happy Hour Auditorium

24
10:30–Current Events Auditorium
10:30– Tiny Tots Unit 4
10:30–Lily Visits
2:00 – Music with Brian Auditorium
6:30– Left, Right and Center Auditorium



26
10:00– Mass

27
10:30– Humor group Auditorium
10:30– Coffee Unit 1/2
10:30– Coffee club Unit 4/5
1:30–Roving Nails
2:00–Curling Auditorium

28
10:00– Mass Chapel
10:30–Music Bingo Unit 5
10:30–Neighborhood visits Unit 2
10:30–Tabletop volleyball with SIGIS Unit 1
10:30–Exercises Unit 4
1:30– Mind Teasers Unit 4
1:45–Positive Note Unit 1/2
2:00–Movie Auditorium

29
10:00–Mass Chapel
10:30–Painting Auditorium
10:30–Tabletop volleyball Unit 4
10:30– Exercises Unit 5
11:00–Ecumenical Services Chapel
1:45– Whist Unit 5
2:00–Drumming Auditorium

30
10:00–Mass–Chapel
10:30 Travelogue Unit 1/2 Auditorium
10:30 We be Jamming Unit 4
10:30–Exercises with SIGIS Unit 5
11:00–Choir chapel
1:30– St. Albert Centre Outing
2:00–Card Bingo Auditorium
6:30– Axe Throwing Auditorium

31
10:00– Mass Chapel
10:30– Tiny Tots Unit 5
10:30– Lily visits
10:30–Current Events Auditorium
1:45–Happy Hour Auditorium
6:30– Left Right and Center Auditorium,