



# Your Role in Safe Care

## Safety starts with good communication:

**ASK** questions • **LISTEN** to information • **TALK** about any problems



Tell your healthcare team if you have concerns about your safety.



Know your medicines and why, when, and how to take them.



Expect us to check your name and personal information at key moments of care to make sure we give the right care to the right person.

## Take action to increase your safety:



Use alcohol-based hand rub or soap and water to clean your hands frequently.



Change your position often to prevent pressure injuries (bed sores).



Follow your falls prevention plan created by the healthcare team and you.

Read the *Your Role in Safe Care* pamphlet from your care unit for more information.

