

Visiting a COVID-positive site or unit

A. Who may visit

A Designated Family Support Person may visit indoors, as per the expectations in CMOH 29-2020 (pg. 12).

If a Designated person has symptoms, or is isolating, an alternate visitor may be recommended.

- Visitors **MUST** be aged 18 or older. Virtual visits may be arranged with younger people.

B. Pre-visit considerations

Review the Risk of Unknown Exposure Checklist. Review your personal risk tolerance!

By visiting, you are at a **HIGHLY increased RISK of becoming ill**.

Review Safe Visiting Practices and be prepared to be instructed in and use personal protective equipment (PPE) such as a face shield and procedure mask.

While you are not required to pre-book or schedule your visit, you are asked to co-ordinate your visits with the unit.

We are suggesting you try to limit your visit to < 1 hour; however, we understand that there are unique circumstances where longer periods of time may be necessary.

Do NOT bring food or drink for yourself.

If you bring gifts or items for the resident, they can be left with the screeners at the 100th Ave entrance where they will be wiped down and delivered to the unit, or you can choose to wipe them down yourself prior to taking them up to the unit.

NB: Visitors for all residents at end of life will continue with our current process. They are contacted to come and must complete the screening tool, put on their mask and face shield, sign in and go directly to the unit.

C. On arrival

Enter from 100th Ave, at the Visitor Entrance. Visitor screening will include a detailed review of the *Risk of Unknown Exposure Checklist*, the screening tool and the **increased risk** you are taking for yourself in making this visit.

- You will complete hand hygiene and application of a procedure mask and face shield.
- You will sign the Visitor Log at screening AND when you arrive on the unit.
- IF you are unsure of where you are going, a screener will escort you to the unit.
- At the resident's room, staff will support you through the process of putting on your PPE if the resident is on Additional Precautions (isolation).
- You must stay in the resident's room, with the resident.
- It is important to understand that the longer the visit time, the increased risk you are putting yourself at.

IF you are visiting a COVID-19 positive resident, you will have had to put on additional PPE. Therefore, at the end of your visit, press the call bell, and you will be assisted in safely removing PPE. In these instances, DO NOT leave the room until someone comes to assist and/or escort you to exit the building.

D. Following a visit

You are expected to notify the unit manager/site if you become symptomatic within 14 days following your visit.

As a visitor to a unit on outbreak/resident who has an infectious illness:

- How has your health been? [Complete Symptom Screen]. If you discover that you have a confirmed case of COVID-19 or you have COVID-19-like symptoms, you must isolate as per Section 6 of CMOH Orders 05-2020 and 28-2020.
- You acknowledge there is a **HIGH** risk of exposure to COVID-19 (for self and others) because of pre-symptomatic and asymptomatic spread.
- The World Health Organization has classified the novel coronavirus disease (COVID-19) outbreak as a global pandemic. COVID-19 is highly contagious, and you may be exposed to or infected by COVID-19 by visiting. This exposure or infection may result in personal injury, illness, permanent disability or death to you or other family, friends or individuals that you may have contact with.
- You will be given a mask and face shield, which you **MUST** wear at all times when in the building, including the resident's room and during the visitation.
- You will only be allowed to go from the entrance to the resident's room. You will leave the building immediately after each visit. The recommended duration of visits is < 1 hour
- If you begin to experience any COVID-19-like symptoms, or other signs or symptoms of illness, you will leave the building right away and notify the person escorting you to the exit.
- You will keep a minimum distance of two metres from every other person, including the resident that you are visiting.
- You will perform hand hygiene often — always when entering and leaving the facility and when entering and leaving the resident's room.
- Please be mindful in the days after your visit that if you are infected, you could pass the virus to other people you spend time with.
- At any time during your visit, if you do not follow the guidelines, you will be escorted out of the building and may not be able to visit for a time.

Printed name of resident

Unit and room number