

# Safe visiting practices

## Risk of unknown exposure to COVID-19

All people must understand their risk of unknown exposure to COVID-19 based on their behaviour in the last 14 days before entering the site and modify their behaviour accordingly.

You do not need to disclose your assessed risk of unknown exposure to site staff, but you must ensure the resident or alternate decision maker is aware of it and behave accordingly.

### *Risk of unknown exposure assessment guidance*

Low risk	Medium risk	High risk
<p>To be considered at low risk, you must meet all the following conditions:</p> <ul style="list-style-type: none"> <li>• Do not work or live in an area of high COVID-19 exposure</li> <li>• Work from home</li> <li>• Are part of a small cohort (15 or less) that consistently practices physical distancing and masks when cannot maintain distance</li> <li>• Have not had guests at home in the past 14 days</li> <li>• Visit resident(s) in one site in a day</li> <li>• Make essential outings only</li> <li>• Use own vehicle</li> <li>• Consistently maintain 2 metres of distance from those outside household in all activities</li> <li>• Wear mask when cannot maintain physical distancing</li> <li>• Practice consistent hand hygiene</li> <li>• Made no interprovincial travel within the last 14 days</li> </ul>	<p>There will be many variations between the extremes of high and low risk of unknown exposure.</p> <p>You must use your best judgement to determine your risk of unknown exposure where neither low nor high is appropriate.</p>	<p>To be considered at high risk, you may meet one or more of the following conditions:</p> <ul style="list-style-type: none"> <li>• Work or live in an area of high COVID-19 exposure</li> <li>• Work outside home in settings where distancing is not consistently maintained and masking is not consistently used</li> <li>• Worked at or visited a location with a declared COVID-19 outbreak in last 14 days</li> <li>• Are part of a large cohort (more than 15)</li> <li>• Are part of cohort that inconsistently practices physical distancing and use of masks when cannot maintain distance</li> <li>• Have had guests in home in last 14 days</li> <li>• Visit resident(s) in multiple sites in one day</li> <li>• Make outings where contact with others outside household is likely</li> <li>• Use public transit or carpooling where distancing is not consistently maintained and masking is not consistently used</li> <li>• Do not maintain physical distancing and do not wear a mask</li> <li>• Practice infrequent or inconsistent hand hygiene</li> <li>• Made interprovincial travel within the past 14 days</li> </ul>