

# Healthcare Workforce Training in Supporting Family Caregivers of Seniors-in-Care

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## BACKGROUND

Family caregivers of seniors are integral to the Canadian healthcare system and are vital to its sustainability.

As primary caregivers, they provide ongoing care and assistance to seniors, which can pose significant physical, emotional, and financial burden.

Despite the critical role family caregivers play in the health and well-being of seniors, healthcare providers receive little to no orientation or education on family caregiving.

It is important that family caregivers of seniors are recognized and included as a valued member of the healthcare team.

Therefore, there is a need to educate healthcare professionals about family caregiving, and a strong desire to create these learning opportunities within our healthcare system.

## OBJECTIVES

The meeting will create and foster a cross-sectoral dialogue to:

1. Establish the key areas of education needed for healthcare providers to support family caregivers of seniors.
2. Involve family caregivers in the exploration, and development of education and training.
3. Identify opportunities, approaches and training tools for all care settings.

## MEETING DETAILS

**40 stakeholders participated in the pre-meeting survey and meeting proper.**

Family Caregivers (9)  
 University of Alberta (8)  
 Alberta Health Services (6)  
 Covenant Health (4)  
 Caregivers Alberta (3)

Bow Valley College (2)  
 Alberta Health (1)  
 MacEwan University (1)  
 Norquest College (1)  
 Alberta Seniors & Housing (1)

Research Institute on Aging (1)  
 Glenrose Rehabilitation Hospital (1)  
 Canadian Licensed Practical Nurses Association (1)  
 Institute for Continuing Care Education & Research (1)

