

Abstract Submission- POSTER PRESENTATION

Title:

Inventories of Resources and Supports for Caregivers in Alberta

Authors and credentials:

Jasneet Parmar, MBBS MCFP(CAC); Kathy Classen, BA; Julie-Ann Babiuk, MSc; Peter Tian, MD, MPH

Affiliation:

1. Covenant Health Network of Excellence in Seniors' Health and Wellness

2. Division of Care of the Elderly, Dept of Family Medicine, University of Alberta, Edmonton, AB, Canada

Introduction:

Caregivers provide ongoing care and assistance without pay to family members or friends. They are the backbone of the healthcare system. However, caregivers are becoming increasingly overburdened. They need services and supports to continue working and provide care. Access to information is one form of support that may alleviate stress.

Objective:

To develop inventories of resources, services and support organizations that will help support caregivers in Alberta

Methods:

We searched and compiled resources, services, and support organizations. Moreover, we adapted lists from Alberta Health, the Discovery Toolkit for Family Caregivers of Seniors, and Covenant Health's Palliative Institute.

Results:

The document has 48 pages, with four inventories. (1) Inventory of Current Support Organizations for Caregivers in Alberta. This was an updated version of a list from Alberta Health. (2) Inventory of Caregiver Resource Documents. This was updated version of a list from the Discovery Toolkit for Family Caregivers of Seniors. (3) Palliative and End-of-Life Resources for Caregivers in Alberta. This was a compilation from the Palliative Institute. (4) Financial Supports Available for Caregivers in Alberta.

Conclusion:

These inventories provide useful information to support family caregivers.