

11th Annual Covenant Health Research Day (Feb 11, 2015)- proposal

My work in resilience focuses on adults with neurological disorders and their care partners- understanding what resilience is from their perspective, and identifying factors that support and impede resilience. I will discuss the work done to date with adult participants from two populations- stroke and dementia, exploring their understanding of what resilience is and the factors that both support and impede resilience. I will describe our current findings, implications for practice, and plans for the next steps.

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