

# purpose

We are here to do,  
And through doing to learn;  
And through learning to know;  
And through knowing to experience wonder;  
And through wonder to attain wisdom;  
And through wisdom to find simplicity;  
And through simplicity to give attention;  
And through attention,  
To see what needs to be done..

Ben Hei Hei

in *Wisdom of the Jewish Sages*  
by Rabbi Rami M. Shapiro



Covenant  
Health

