

# BUILDING TRUST at end-of-life

A dialogue on ethical decision  
making in health care

**MAY 28, 2009**  
**Edmonton, Alberta**  
Crowne Plaza Chateau Lacombe



**Covenant  
Health**

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# What is this Conference About?

When an individual is in critical condition in a health care facility, there are often many people involved in his or her care - family members trying to provide support and the care team trying to make the best decisions in cooperation with the decision-makers involved.

Tensions may surface due to different hopes, dreams, goals, principles, faith, and conceptions of a good life...or a good death brought on by all those involved.

This conference seeks to illuminate these varied perspectives in order to provide the opportunity to build a stronger foundation of trust between and among health care providers, patients and families at the end-of-life.

# Who Should Attend?

Building Trust at End of Life is open to everyone, and will be of particular interest to health care professionals including physicians, nurses, psychologists, social workers, therapists, spiritual care providers, health care administrators, risk managers, patient advocates, ethicists, policy makers, members of clinical ethics committees and other professionals working in health care. Members of the public are also welcome and encouraged to attend.

# Conference Sponsor



Covenant Health is Canada's largest Catholic provider of health care, building on a 146-year tradition of compassionate care in Alberta. Covenant Health's team of

12,500 staff, physicians and volunteers serve Albertans with a range of acute care, continuing care, assisted living, rehabilitation and palliative care in 16 facilities in 11 communities across the province.

[www.CovenantHealth.ca](http://www.CovenantHealth.ca)

# Conference Moderator



**Ann Medina's** wide-ranging experience and incisive coverage of foreign affairs have made her one of Canada's most highly respected and well-known journalists. She began her television career in Chicago, later becoming a Network Producer for NBC News and then a Network

Correspondent and Producer for ABC News. She moved to Canada in 1975, and since then, her work has appeared regularly on CBC in Canada, BBC in England, and PBS' MacNeil-Lehrer Report, in the US. Her programs have won numerous awards in Canada and in the United States, including the prestigious Emmy Award.

# Benefits of Attending

**By attending this conference, you will have the opportunity to:**

- engage in frank and open discussion regarding end-of-life considerations
- develop an increased awareness of public and professional attitudes toward end-of-life issues
- improve your understanding of the role of life-sustaining therapies in critically ill patients
- further your comprehension of ethical decision-making in end-of-life situations

# Plenary Speakers



**Mark Ewanchuk**, BMed, MD, FRCP(C), is an Assistant Clinical Professor with the Division of Critical Care Medicine in Edmonton, Alberta, and he is currently in clinical practice in Anesthesiology and Intensive Care Medicine at the Grey Nuns Community Hospital.



**Noel Gibney**, MB, FRCP(C), is Professor and Director of the Division of Critical Care Medicine at the Faculty of Medicine and Dentistry of the University of Alberta, Edmonton, and Medical Director of the Regional Critical Care Program at Alberta Health Services, Capital Health, Edmonton.

Dr. Gibney graduated from University College Dublin, in Ireland, and subsequently acquired training at the University of Alberta, Edmonton; Massachusetts General Hospital, Boston, and Harvard Medical School, Cambridge, USA.



**Nuala Kenny**, SC, OC, BA, MD, FRCP(C), a Sister of Charity of Halifax, became in 1996, the founding Chair of the Department of Bioethics at Dalhousie University, Faculty of Medicine, following an extensive career in paediatrics and medical education at the University of Toronto, Queens

University and Dalhousie. In 1999, Dr. Kenny was seconded as Deputy Minister of Health for the Province of Nova Scotia. In April 2009, she will be appointed Ethics and Policy Advisor to the Catholic Health Association of Canada. Internationally recognized as an educator and physician ethicist, Dr. Kenny has travelled extensively as a lecturer. She is a member of the Board of Directors - Covenant Health.



**Graeme Rocker**, MA, MHSc, DM, FRCP(C), is a Professor of Medicine and a Senior Clinical Research Scholar at Dalhousie University, Halifax, Nova Scotia. He is Head of the Division of Respirology and is cross-appointed locally in the Division of Palliative Medicine. With over a hundred

peer-reviewed publications, Dr Rocker has focused his recent end-of-life care research activities on patients and diseases that fall outside of traditional palliative medicine practice. He receives funding from the Canadian Institutes of Health Research (CIHR) to study end-of-life issues in Chronic Obstructive Pulmonary Disease (COPD).

# Concurrent Speakers



**Tracey M. Bailey**, BA, LLB, is the Executive Director, of the Health Law Institute (HLI), at the University of Alberta, Edmonton, Alberta. Tracey is actively involved in the education component of HLI, including coordinating workshops and conferences, teaching in health professional faculties at the University, presenting at conferences, and providing outreach education to health care professionals and others.



**Michael C. Brannigan**, PhD (Philosophy), MA (Religious Studies), is the George and Jane Pfaff Endowed Chair in Ethics and Moral Values at The College of Saint Rose in Albany, New York. He has a joint appointment with the Alden March Bioethics Institute at Albany Medical College. His specialty lies in ethics, medical ethics, Asian philosophy, and intercultural studies.



**Neil Elford**, DTh, is the Manager of Supportive Care Services at the Royal Alexandra Hospital, Edmonton, Alberta. Across the Edmonton region, he also helps health care staff develop respectful relationships with Traditional Aboriginal Elders so that programs developed for Aboriginal people can be grounded in traditional Aboriginal culture. Neil's expertise and experience in spirituality, intercultural relationships, ethics and diverse world views in health care leads him to work toward enabling complex responsiveness to the unique and beautiful ways our human journey takes us, especially toward the end of life.



**Brendan Leier**, PhD, holds a joint position as Clinical Ethicist at the University of Alberta and Stollery Children's Hospitals, and as Assistant Professor in the Faculty of Medicine and Dentistry and the John Dossetor Health Ethics Centre at the University of Alberta.



**Gary Lepine**, DTh, has been a college professor for the past 14 years and now owns Concord Professional Development, a company that focuses on applied professional and business ethics, corporate responsibility, and organizational culture. Gary has been a participant in a number of projects dealing with ethical concerns in the business community, and also has an active interest in biomedical ethics.

**Nuala Kenny**, SC, OC, BA, MD, FRCP(C)  
*Please see under Plenary Speakers*

**Mark Ewanchuk**, BMed, MD, FRCP(C)  
*Please see under Plenary Speakers*



**Robert C. McDermid**, MD, FRCP(C), is an Associate Clinical Professor and the Associate Residency Program Director in the Division of Critical Care Medicine at the University of Alberta. His areas of interest include end-of-life care, frailty, and medical education.



**Cheryl Mack**, BSc.Hons, MD, FRCP(C), MA (Health care Ethics and Law), is a Clinical Assistant Professor, Anesthesiology and Pain Medicine, with the Cardiovascular Division of the University of Alberta Hospital. She is also member of the Clinical Ethics committees for Covenant Health Edmonton and University of Alberta Hospitals, and member of the Royal College of Physicians and Surgeons of Canada Ethics and Equity Committee.



**Bob Mitchell** has worked with the Office of the Public Guardian, Edmonton Region, for the past 15 years. He is presently providing various decision-making mechanisms for individuals who are unable to make their own personal decisions and completing duties surrounding the Personal Directives Act.



**Jasneet Parmar**, MBBS, Dip.COE, is an Associate Professor in the Department of Family Medicine and Program Director of the Undergraduate Medical Education Program, Geriatrics, at the University of Alberta. She has worked for the Specialized Geriatrics Program, as Care of the Elderly Physician, since 1992. Dr. Parmar is the Chair of the Capacity Assessment Steering Group at Covenant Health and responsible for implementing the 'Capacity Assessment Model'. She has recently worked with the Office of Public Guardian-Edmonton Region in providing education on Provisions of Capacity under the Personal Directive Act to physicians/ allied health disciplines.



**Nina Preto**, LLB, MSc (Bioethics), is a doctoral trainee in the Canadian Institutes of Health Research (CIHR) funded Ethics of Health Research and Policy Training Program at the W.M. Young Centre for Applied Ethics at the University of British Columbia, working with Dr. Michael McDonald. Her current research looks at contract research organizations and academic health centres to compare how these institutions identify and address ethical issues in the drug development process, with a specific focus on clinical trials.

# Agenda

Thursday, May 28, 2009 - 7:00 am to 4:15 pm

Crowne Plaza Chateau Lacombe 10111 Bellamy Hill, Edmonton, AB

7:00 am – 7:45 am	Breakfast & Registration	12:30 pm – 1:15 pm	Plenary Address <b>A Good Death: Restoring Possibility</b> <i>Nuala Kenny</i>
7:45 am – 8:00 am	Welcome	1:15 pm – 1:30 pm	Break
8:00 am – 8:45 am	Plenary Address <b>From Paternalism to Alienation</b> <i>Mark Ewanchuk</i>	1:30 pm – 3:00 pm	Concurrent Sessions
8:45 am – 9:30 am	Plenary Address <b>Role of Life Sustaining Therapies in Critically Ill Patients</b> <i>Graeme Rocker</i>	B-1	<ul style="list-style-type: none"><li>▪ <b>Unilateral Decision-Making</b> <i>Mark Ewanchuk</i></li><li>▪ <b>Uncertainty and Medical Futility</b> <i>Brendan Leier</i></li></ul>
9:30 am – 10:00 am	Break	B-2	<ul style="list-style-type: none"><li>▪ <b>DNR and the OR</b> <i>Cheryl Mack</i></li><li>▪ <b>Cultural and Religious Considerations at End-of-Life</b> <i>Neil Elford</i></li></ul>
10:00 am – 11:30 am	Concurrent Sessions	B-3	<ul style="list-style-type: none"><li>▪ <b>Dependent Individuals – Who Decides?</b> <i>Jasneet Parmar &amp; Bob Mitchell</i></li><li>▪ <b>Ethical Issues for Intimate Others at End-of-Life</b> <i>Nuala Kenny</i></li></ul>
	A-1	B-4	<ul style="list-style-type: none"><li>▪ <b>A Current Legal Jurisprudence on End-of-Life Care</b> <i>Tracey Bailey</i></li><li>▪ <b>Frailty in the ICU: more important than age?</b> <i>Rob McDermid</i></li></ul>
	<ul style="list-style-type: none"><li>▪ <b>Unilateral Decision-Making</b> <i>Mark Ewanchuk</i></li><li>▪ <b>Uncertainty and Medical Futility</b> <i>Brendan Leier</i></li></ul>	B-5	<ul style="list-style-type: none"><li>▪ <b>Public Engagement and End-of-Life Issues</b> <i>Nina Preto and Gary Lepine</i></li><li>▪ <b>Development of End-of-Life Policies: For the People and by the People?</b> <i>Michael Brannigan</i></li></ul>
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11:30 am – 12:30 pm	Lunch	3:00 pm – 3:15 pm	Break
		3:15 pm – 4:00 pm	Plenary Address <b>Building Trust/Redeeming Care at End-of-Life</b> <i>Noel Gibney</i>
		4:00 pm – 4:15 pm	<b>Wrap-up by Moderator</b> <i>Ann Medina</i>

# Conference Registration Form

Thursday, May 28, 2009 - 7:00 am to 4:15 pm  
Crowne Plaza Chateau Lacombe  
10111 Bellamy Hill, Edmonton, AB



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## 3 Ways to Register:

**On-line:** www.buksa.com and  
www.CovenantHealth.ca

**Fax:** 780-437-5984

**Mail:** Building Trust at End-of-Life  
Conference Secretariat

c/o BUKSA Conference Management and  
Program Development

Suite 307, 10328-81 Avenue NW  
Edmonton, Alberta T6E 1X2

## Inquiries:

Phone: 780-436-0983 x229  
Email: trust@buksa.com

## REGISTRATION POLICIES

1. Registration fees must be paid in full before you can be admitted to the conference. If there is an outstanding balance on your account when you arrive at the conference, you will be asked for a credit card or cheque to settle your account.
2. All registration fees include 5% GST and are listed in Canadian Dollars (CAD).
3. Invoices must be paid within 30 days of the date issued. After this period, invoices become "past due."
4. Advance registrations will be accepted until May 22, 2009. After May 22, 2009, registrations will only be accepted on site unless the conference is full.
5. Notice of cancellation must be made in writing to the Conference Secretariat at trust@buksa.com. A \$25 (\$26.25 incl. 5% GST) cancellation fee will apply for conference registrations cancelled until May 8, 2009. After this date, no refunds will be issued.
6. Substitutions may be made until May 22, 2009 by writing to the Conference Secretariat at trust@buksa.com or on site at the conference.
7. Credit card payment must be made by VISA or MasterCard. Your statement will read "Buksa Assoc. (780) 436-0983 Edm."
8. Cheques must be made payable to "BUKSA Associates Inc." In the event of an NSF (non-sufficient funds) cheque, the individual or organization will be charged a \$20 (\$21 incl. 5% GST) service fee.
9. A confirmation notice detailing your registration and an invoice or receipt will be sent to you within 5 working days of receipt of your completed registration form.
10. Completion of this form constitutes a binding agreement to the policies listed above.

Mr.  Mrs.  Ms.  Miss  Dr.  Other \_\_\_\_\_

Name \_\_\_\_\_

Position \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

E-mail \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

**SPECIAL NEEDS:** Please let us know whether you have any dietary restrictions or other special requests, e.g. vegetarian, allergic to shellfish, wheelchair access, etc.: \_\_\_\_\_

**DELEGATE LIST:** A list of delegates to the conference will be made available to all registrants. The list will include name, position, organization, city, province, work phone number and email address. Do you consent to having your name on the list? *If you do not answer, your name will not appear on the list.*  Yes  No

**ACCOMMODATION:** A block of rooms at a special rate has been established at the Crowne Plaza Chateau Lacombe for conference delegates. Crowne Plaza Chateau Lacombe 10111 Bellamy Hill Edmonton, Alberta www.chateaulacombe.com.

Guests can make reservations until 23:00 on May 7, 2009, as well as modify or cancel their reservation without penalties until May 23, 2009. The Conference special guest room rate is \$121.00 plus applicable taxes. Delegates can make reservations on-line at <https://resweb.passkey.com/go/END> or by phone at 1-888-233-9527. Please indicate that you are attending the Building Trust at End-of-Life Conference when you call.

**ACCREDITATION:** The Division of Continuous Professional Learning at the University of Alberta has approved this as an Accredited Group Learning Activity under Section 1 of the Framework of Continuing Professional Development options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

## REGISTRATION FEES

All registration fees include 5% GST and are listed in Canadian Dollars (CAD).

	Early Bird Registration (Before 5:00 pm and including April 24, 2009)	Full Registration (After 5:00 pm, on April 24, 2009)
Regular Registration	\$125	\$150
Student Registration*	\$75	Not available

\*To receive the student rate, proof of full-time enrolment must be provided. A valid student card or a copy of current course schedule will be accepted. This can be attached to the registration form or faxed to (780) 437-5984. Area of study: \_\_\_\_\_

## PAYMENT

- Please invoice me (invoices become "past due" after 30 days)
- Cheque or money order enclosed (payable to BUKSA Associates Inc.)
- Credit Card:  Visa  MasterCard

Card Number: \_\_\_\_\_

Expiry Date (mm/yy): \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

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**Space is limited!  
Please register early.**

By completing this form and indicating payment with a credit card you are authorizing BUKSA Associates Inc. to charge your credit card for the event you have selected. Your credit card statement will read "BUKSA Assoc. (780) 436-0983 Edm".